Laughter - It's A Healthy Choice

Wellness * Celebrations * Expo's * Conferences Crises Audience * After dinner * Special Events

Filling the Prescription for today's busy people GOAL SETTING - Stress Relief - INSPIRATION

National Keynote speaker, therapeutic humorist, author of acclaimed book "Burnt Toast & Jam". KINZA is a businesswoman, trainer, columnist and entertainer. Recognized as "The Performance Pro" Kinza, takes attendees on a journey of life lessons learned in her 25 years as a belly dancer, and adds humor, music and glitz. A confessed Boomer in denial, her enthusiasm and inspiration spill over as she connects with heart and soul on ways to overcome self-esteem issues, empower the mind , spark the spirit, and receive a standing

ovation on the stage of Life.

"This was the best program I've seen."

"I loved the costume, music, and fun. Kinza was great." Acclaims just in: "You were BEYOND Fantastic!" "Every woman should see this show."

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"Kinza rocked!"

BURNT TOAST & JAM

"When I saw Kinza's entrance, I knew this was no ordinary speaker. They loved her!"

"A week after our employee retreat at Mercy Hospital, one of our staff came by my office and said he still hadn't stopped laughing.



NATIONAL SPEAKERS ASSOCIATION Past President WI Chapter

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